

Progression in PE



Children will be introduced to competition – I
Inter School festivals/ Sportsday / School
Games

The Journey Starts

All children to achieve a GLD by end of
Year R


Interventions to support in KS1

Children identified for additional support with
gross & fine motor skills (Enabling / Accessing)



Dance 
Children will start to explore
different cultures through Dance

Competition Increases
Children will have opportunity for more
sports and quality of competition increases
to include county / regional finals

Fundamental Movement Skills
Will be developed over KS1
Swimming 
Children will learn to swim in Year 4

The Body
Children will start to
learn about their
bodies

Hygiene 
Children will learn about
the importance of Hygiene
& Well-being

Health 
Children will learn about
the importance of Healthy
Eating, Sleep, Well-being

Community Clubs 
Children will be encouraged
to join local clubs – Exit
Routes / Sign-posting

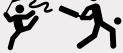
Year 4

KS2 Games
Will explore transferable skills,
knowledge & understanding

Leadership
Children will have opportunity for Sports Leadership

Swimming
All pupils will be able to swim 25 m
Interventions to support those
who cannot

OAA 
Pupils in KS2 will have the
opportunity to visit different
environments for OAA including
residential

Sports Specific Skills 
Children will learn specific sports skills within
lessons applying them in different scenarios
and related sports

Year 5

Strategies, Tactics, Rules, Roles
Children will develop greater understanding of strategies,
tactics and rules for sports. They will take on different
roles (e.g. umpire, coach)

Year 6

End of KS2 

Children will leave Cheddington School with a love
of PE, physical activity & sport. At Secondary School
they will engage in opportunities, clubs, teams. They
will choose GCSE PE, Sports Leadership & active,
healthy lifestyles.